

# wheezy Rider

*Newsletter of the Fremantle group*

July 2020  
No 220

Newsletter of the Fremantle Branch of the Ulysses Club of Australia Inc.

Price  
Free

## Hi members

We are so fortunate here in WA with our low number of Coronavirus cases that we can get out in significant numbers once again. It was so good to be able to get back together at our last meeting in June and catch up with our fellow members.

## Dead Butt Syndrome

For those of you that have not read this article in the West OZ Ulysses Facebook Group, this is a very interesting article on how to prevent the "Dead Butt Syndrome" which can also cause sore hips etc. after a long ride. Pieter Berveling posted this excellent article which can be found [here](#).

The article is fairly lengthy, but the essential part is a list of four exercises to strengthen the "glutes" to prevent sore hips and the "Dead Butt", well worth the read and especially the exercises.

## Rides

As usual, more ride leaders are required. There are no planned rides over the next month.

## Memorial Ride

Armada Heritage are the hosts for this year's Memorial Ride. As usual, it will be on the 2<sup>nd</sup> Sunday (13<sup>th</sup>) of September. More details will be available shortly.

## More Good News!!

### Breakfast Club

The Breakfast Club is Back! This month's will be hosted by Joondalup Branch on Saturday 25 July at Pasta in the Valley 2931 West Swan Rd Caversham from 9:00am.

### 20<sup>th</sup> Anniversary Celebrations 2020

The celebration has been rescheduled for Saturday 26<sup>th</sup> September at the Dalmatinac Club Spearwood. We are budgeting on a cost of about \$40.00 per head which will include the meal and a 20<sup>th</sup> Anniversary Wine Glass Confirmation on the cost will be made as soon as we have everything in place. More details will be made available as we final details such as DJ etc. finalised. The profits from the Anniversary will help sponsor Tony Collins on his ride next year to raise funds for the Royal Flying Doctor Service.

Stay safe

**John Pepper 40751**

**President Ulysses Fremantle Branch**



*We don't care....We ride there*



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Barry Webb has kindly sponsored Tony Collins with the supply of parts for his trailer that is to be used for raising money on an Australia-wide round trip to support the Royal Flying Doctor Service



**FREMANTLE BRANCH MEETING 7:30pm**  
**2ND TUESDAY OF THE MONTH AT THE**  
**HAMILTON TAVERN 330 CARRINGTON ST,**  
**HAMILTON HILL WA.**

*The committee is the servant of the Group, not the Master*

**2019/2020 COMMITTEE:**

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Pauline Marwick, Branch Treasurer, 0418 957 668

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**KALGOORLIE**  
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National Ulysses site: [www.ulyssesclub.org](http://www.ulyssesclub.org)  
Fremantle Ulysses site: [www.ulyssesfremantle.com](http://www.ulyssesfremantle.com)

**Note: Next meeting,**  
**11th August 2020**

**Plods and Saturday morning coffee**

Wednesday morning Plods meet at South Beach for a 9:30am start.

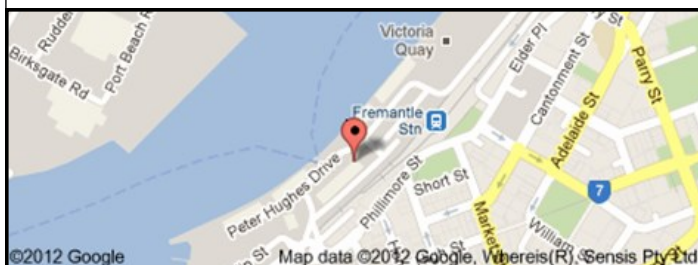
Any enquiries regarding plods can be directed to any of the following:

Will Duncan 0403014197

Patrick Hayes 0414756452

Mick Webb 0893396874

The Saturday morning coffee get together takes place at the **ECafé** situated near the eastern end of the E-Shed Markets commencing from 9.00am.



DISCLAIMER. All expressions of opinion are published on the basis that they are not to be regarded as expressing the official opinion of the Ulysses Club but are included for general interest only. The Ulysses Club Fremantle Branch accepts no responsibility for the accuracy of any of the opinions or information contained in the Wheezy Rider and readers should rely on their own enquiries in making any decisions touching their own interest. Errors and omissions excepted. Publication of articles at Editor's discretion.

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For those dealing with depression before/during/  
after addiction rehab we have been requested to  
promote Dr Keenan's guide for those requiring  
more information.

Dr Keenan's guide can be accessed via the  
following link:

<https://www.inpatientdrugrehab.org/depression/>



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*(Please ensure you supply Club ID)*

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### **Tyres for Bikes,**

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### **Retro Moto Co,**

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# Westoz ULYSSES BREAKFAST CLUB

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## PASTA IN THE VALLEY



2931 West Swan Road, Caversham

From 9.00am

**SATURDAY 25th JULY**

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More Information

Ken - 0418925081

August - Serpentine Cafe by  
Warnbro perhaps

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So Bring It!*

## Pasta In The Valley Menu

Breakfast	
8:30am - 10:30am	
<b>Perfect Way to Start the Day</b>	\$18
Two scrambled eggs, Fagioli sauce, toasted Pana Di Casa bread with choice of two Italian Sausages (hot pork, mild pork, beef or chicken)	
Add: Spinach   \$2.50 Avocado   \$2.50	
<b>Roast Bacon Omelette</b>	\$13
Minced roast bacon, two eggs, cheese, spring onion served with toasted Pana Di Casa bread	
Add: Spinach   \$2.50 Avocado   \$2.50	
<b>Italian Sausage Omelette</b>	\$13
Cacciatore Sausage, two eggs, cheese, spring onion served with toasted Pana Di Casa bread	
Add: Spinach   \$2.50 Avocado   \$2.50	
<b>Fagioli &amp; Baked Eggs</b>	\$12
Fagioli sauce with baked eggs, served with Pana Di Casa bread	
Add: Spinach   \$2.50 Avocado   \$2.50	
<b>Eggs Florentine</b>	\$15
Two poached eggs with spinach served on toasted Pana Di Casa bread and topped with hollandaise sauce	
Add: Bacon   \$2.50 Avocado   \$2.50	
<b>Eggs Benedict</b>	\$15
Two poached eggs with ham served on toasted Pana Di Casa bread and topped with hollandaise sauce	
Add: Bacon   \$2.50 Spinach   \$2.50	
<b>Eggs and Toast</b>	\$10
Two eggs cooked to your liking served with toasted Pana Di Casa bread (scrambled, fried or poached eggs)	
Add: Bacon   \$2.50 Avocado   \$2.50 Spinach   \$2.50	
All Day Breakfast	
<b>Bruschetta</b>	\$12
Pana Di Casa bread topped with diced tomato, onion, basil and feta	
Add: Avocado   \$2.50 Poached Egg   \$2.50	
<b>Smashed Avocado &amp; Feta</b>	\$15
Smashed avocado, crumbled feta served on toasted Pana Di Casa bread	
Add: Spinach   \$2.50 Poached Egg   \$2.50	
<b>Brekkie Panino</b>	\$10
Two scrambled eggs, Italian Sausage of your choice in toasted Pana Di Casa bread (hot pork, mild pork, beef or chicken)	
<b>Veggie Panino</b>	\$10
Roasted capsicum, eggplant, zucchini in Pana Di Casa bread	
<b>Chicken Cutlet &amp; Veggie Panino</b>	\$15
Succulent, crispy chicken cutlet with roasted capsicum, eggplant & zucchini served in toasted Pana Di Casa bread.	
<b>Ham, Cheese &amp; Tomato Panino</b>	\$10
Ham, cheese & tomato in toasted Pana Di Casa	
Kids Breakfast	
<b>Eggs and Toast</b>	\$8
Scrambled eggs served with toasted Pana Di Casa bread	
Add: Bacon   \$2.50	
<b>Sausage and Toast</b>	\$8
One Italian Sausage of your choice with toasted Pana Di Casa bread (beef or chicken)	



## Some Shots from the Ulysses 2020 Exmouth Rally









The following is an excerpt from amcn.com.au

## RETURN OF THE POSTIE: HONDA'S NEW CT125

10 July 2020



### Honda's new CT125 is headed for Aussie shores

The new CT125 is certainly CT110 inspired, with many of the iconic touches that have become so familiar around Aussie streets. It's been beefed up though; with a 125cc, 1-cyl, 4-stroke engine, electric Start, ABS, LED lighting and a digital display.

The traditional CT series were and still are distinctive and recognisable all over the world so it was only right that when developing the new CT125, we took the best parts of the old CT series and brought them to life for what motorcyclists need today.

A modern take on a Honda classic aimed to keep as much of the original styling as possible. As a tribute to the series, the styling of the old is designed to harmonize with the modern lifestyle, just like the Super Cub C125.



While simplifying the surface of each part on the frame, we carefully took the symbolic features of the CT series, including the upswept muffler, air cleaner cover, fuel tank, large carrier and steel front fender and created a balanced new image of the tough old CT entering modern times. The styling for other parts ranging from the turn signals to the handgrips also highlights the distinctive presence typically found in the CT series.



The CT125 chassis has been designed to adapt to a broader variety of situations and a broad variety of riders. It's based on the common Super Cub chassis package, so its nimble and easily controlled but with an increased wheel base, seat height and upswept handlebar.

The CT125 provides enhanced traveling and cornering stability with the adoption of the same type of top bridge and telescopic suspension commonly used for a regular motorcycle. The CT125 has a 4-speed semi-automatic transmission for simple use and front suspension stroke has been increased to 110mm, up 10mm compared to the Super Cub C125, making gravel road riding a lot more comfortable.





## A Letter Home From A Scout Camp...

Dear Mum & Dad,

Our Scoutmaster told us to write to our parents in case you saw the flood on TV and are worried. We are okay. Only one of our tents and 2 sleeping bags got washed away. Luckily, none of us got drowned because we were all up on the mountain looking for Adam when it happened.

Oh yes, please call Adam's mother and tell her he is okay. He can't write because of the cast. I got to ride in one of the search and rescue jeeps. It was neat. We never would have found Adam in the dark if it hadn't been for the lightning.

Scoutmaster Ted got mad at Adam for going on a hike alone without telling anyone. Adam said he did tell him, but it was during the fire so he probably didn't hear him. Did you know that if you put petrol on a fire, the petrol will blow up?

The wet wood didn't burn, but one of the tents did and also some of our clothes. Matthew is going to look weird until his hair grows back.

We will be home on Saturday if Scoutmaster Ted gets the bus fixed. It wasn't his fault about the crash. The brakes worked okay when we left. Scoutmaster Ted said that with a bus that old, you have to expect something to break down; that's probably why he can't get insurance.

We think it's a neat bus. He doesn't care if we get it dirty, and if it's hot, sometimes he lets us ride on the roof. It gets pretty hot with 45 people in a bus made for 24. He let us take turns riding in the trailer until the policeman stopped and talked to us.

Scoutmaster Ted is a neat guy. Don't worry, he is a good driver. In fact, he is teaching Jessie how to drive on the mountain roads where there aren't any cops. All we ever see up there are logging trucks.

This morning all of the guys were diving off the rocks and swimming out to the rapids. Scoutmaster Ted wouldn't let me because I can't swim, and Adam was afraid he would sink because of his cast (it's concrete because we didn't have any plaster), so he let us take the canoe out. It was great. You can still see some of the trees under the water from the flood.

Scoutmaster Ted isn't crabby like some scoutmasters. He didn't even get mad about the life jackets. He has to spend a lot of time working on the bus so we are trying not to cause him any trouble.

Guess what? We have all passed our first aid merit badges. When Andrew dived into the lake and cut his arm, we got to see how a tourniquet works.

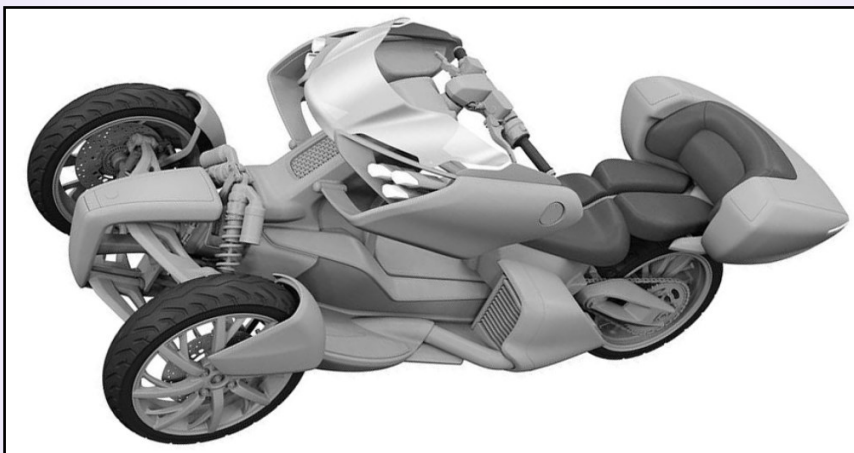
Steven and I threw up, but Scoutmaster Ted said it probably was just food poisoning from the left-over chicken. He said they got sick that way with food they ate in prison. I'm so glad he got out and became our scoutmaster. He said he sure figured out how to get things done better while he was doing his time. By the way, what is a pedal-file?

I have to go now. We are going to town to post our letters & buy some more beer and ammo. Don't worry about anything. We are fine and tonight it's my turn to sleep in the Scoutmaster's tent.

The following is an excerpt from amcn.com.

## YAMAHA TRIKE DESIGN REVEALED

30 June 2020



### Leaning three-wheeler hints at future production mode

Designs for an unseen Yamaha three-wheeler have emerged via the Japanese patent office – adding to a growing body of evidence that shows the firm is planning a sporty leaning trike with a much longer, lower look than the existing Niken.

The new design is very clearly a development of last year's MW-Vision concept, which was unveiled at last year's Tokyo Motor Show. The new machine shares the same front and rear suspension components and similar styling themes but with a much more conventional motorcycle-inspired shape. Where the MW-Vision had a car-style seat, a wrap-around screen and a roof over the rider's head, the new design looks like a futuristic touring bike crossed with a scooter. The seat and controls are relatively conventional, with an armchair-style pillion saddle.

Larger-diameter wheels than the MW-Vision help to visually offset the bike's extended wheelbase, and there's a hint at its technical make-up, with an exhaust pipe emerging from each side and exiting from the back of side pods that also appear to house the engine's radiators.

Those exhaust pipes show that there's a petrol engine mounted in the front section of the bike, just behind the front wheels. How is it getting power to the rear wheel? If this bike uses the same technology proposed for last year's MW-Vision, the engine is purely a generator, charging batteries that power an electric motor that drives the wheel. It's a so-called 'series hybrid' setup, as featured on some cars – notably the Holden Volt (sold elsewhere as the Chevrolet Volt and Opel Ampera) – that's intended to give plenty of range while using a relatively small, light battery pack. The petrol engine would run when the battery gets low, revving at a constant, efficient speed, to make it cleaner than a normal petrol-powered bike could be.

These designs clearly don't show a production machine; this is a concept bike, but the decision to call-off most of this year's major motorcycle shows means there's no platform to unveil it. Normally designs like these are timed to appear in patents *after* the bike in question has been officially unveiled, but the COVID-19 pandemic might have made that impossible.

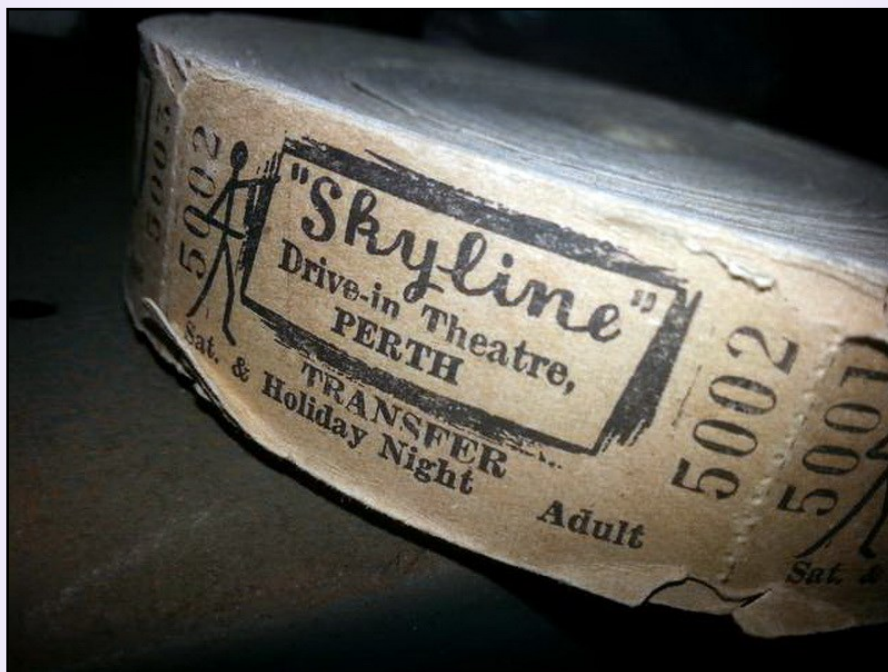
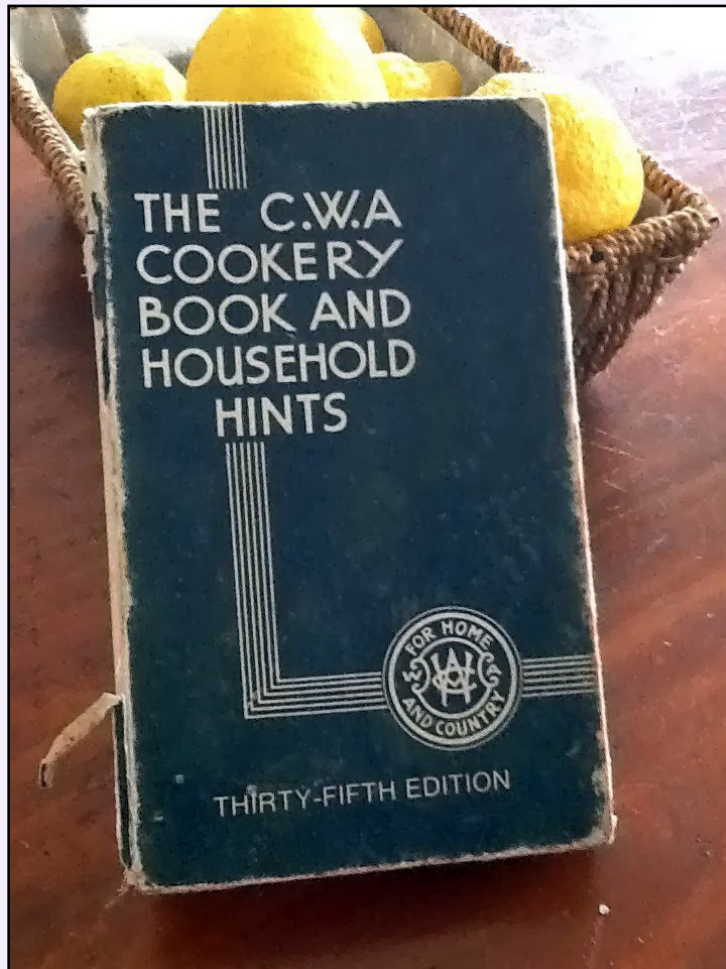
Yamaha does have plans for a production machine with this sort of style, though. In a planning document published early last year, the firm showed the silhouette of a very similar-looking bike as part of its 'LMW' (leaning multi-wheel) range. The firm also bought patent rights to this double-wishbone suspension system from Norwegian firm Brudeli – which made small numbers of KTM-based 'Leanster' bikes using it – in 2017, and has since used it on its own patents including designs for a three-wheeled version of the TMAX 560.

It's also worth bearing in mind that the Niken three wheeler was previewed not once but twice in concept form. First there was the '01GEN' concept in 2014, followed by the more production-style MWT-9 concept in 2015, before the production version appeared in 2017. Is Yamaha following the same game plan with this design, showing it first as the roofed MW-Vision, then as this more motorcycle-style design, before unleashing a production spin-off?



Photos compiled courtesy of Lost Perth (Facebook)







## SOME LIGHT HUMOUR

### Yellow 24

Fred, feeling terrible, goes to the doctor. The doctor checks him over and says, " Sorry Fred, I have some really bad news. You have Yellow 24, a really nasty virus. It's called Yellow 24 because it turns your blood yellow and you usually only have about 24 hours to live. There's no known cure - so just go home and enjoy your final precious moments on earth."

So Fred trudges home to his wife and breaks the news. Distraught, she asks him to go to the bingo with her on his last evening as he's never been there with her before.

They arrive at the bingo and with his first card he gets four corners and wins \$35. Then, with the same card, he gets a line and wins \$320. Then he gets the full house and wins \$5000. Then the National Game comes up - and he wins that too, getting \$780,000.

The bingo caller gets him up on stage and says, " Fred, I've been here 20 years and I've never seen anyone win four corners, a line, the full-house and the national game on the same card. You must be the luckiest bastard on Earth !"

" Lucky ? " Fred screamed. " Lucky? I'll have you know I've got Yellow 24 !!! ".

" Well bugger me," says the bingo caller. "You've won the meat raffle as well !!! "



**Lest we forget the last 8 weeks**

Just picked up my social distance support animal.



Working from home, but missing the train trips.





Here's Debbie.

Debbie is 31 years old  
and has been home schooling  
her kids for the past 4 hours.

Great job Debbie, keep it up!

